

**ALLERGY INFORMATION:** If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

## Summer Silver Menu 2018

**caterlink**  
feeding the imagination

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b>					
<b>Main (Red)</b>	Chicken Sausages with Mashed Potatoes and Gravy	Spaghetti Bolognise	Roast Chicken with Roast New Potatoes & Gravy	Mediterranean Chicken with Rice	Fish Fingers, Chips and Tomato Sauce
<b>Vegetarian (Green)</b>	Wholemeal Pasta Neapolitan with Spinach Carrots Garden Peas	Soya Mince & Veg Stir Fry with Noodles Sweetcorn Broccoli	Quorn Roast with Roast New Potatoes & Gravy	Vegetable Lasagna with Garlic Bread Mixed Peppers & Green Beans	Cheese, Onion and Spinach Quiche with Chips Baked Beans Garden Peas
<b>Dessert</b>	Wholemeal Peach Crumble with Custard Yoghurt Fresh Fruit Platter	Chocolate Brownie Yoghurt Fresh Fruit Salad	Sliced Cheese, Apple and Biscuits Yoghurt Fresh Fruit Platter	Apple Pie with Custard Yoghurt Fresh Fruit Salad	Iced Sponge Yoghurt Fresh Fruit Salad
<b>Week 2</b>					
<b>Main (Red)</b>	Chicken Arrabiata Pasta	Beef and Bean Fajitas with Baked Jacket Wedges	Roast Turkey with Roast Potatoes & Gravy	Jollof Rice with Chicken	Breaded Fish Chips, Tomato Sauce
<b>Vegetarian (Green)</b>	Jollof Rice with Quorn and Mixed Beans Roasted Peppers & Sweetcorn Mix	Vegetable (Soya) Chilli, Rice and Wholemeal Flatbread Mixed Green Salad Coleslaw	Lenfil and Basil Puff Pastry Turnover with Roast Potatoes	Macaroni Cheese with Tomato topping Broccoli Sweet corn	Spicy Bean Burger with Chips Baked Beans Garden Peas
<b>Dessert</b>	Berry and Apple Cobbler & Cream Yoghurt Fresh Fruit Salad	Lemon Drizzle Yoghurt Fresh Fruit Platter	Oaty Cookie with Fruit Yoghurt Yoghurt Fresh Fruit Salad	Chocolate Mandarin Sponge with Choc Sauce Yoghurt Fresh Fruit Platter	Fruit Yoghurt Fresh Fruit Salad
<b>Week 3</b>					
<b>Main (Red)</b>	Cajun Chicken with Rice	Wholemeal Beef and Red Pepper Pizza with Baby New Potatoes	Roast Chicken & Stuffing with Roast Potatoes & Gravy	Beef in Soy Sauce with Noodles	Fish fingers, Chips, Tomato Sauce
<b>Vegetarian (Green)</b>	Lenfil and Sweet Potato Curry with Rice	Spanish Omelette with Baby New Potatoes	Creamy Vegetable Wholemeal Pie with Roast Potatoes & Gravy	Wholemeal Vegetable Pasta Bake	Cheese and Tomato French Bread Pizza with Chips
<b>Dessert</b>	Mixed Peppers & Green Beans Apple Crumble with Custard Yoghurt Fresh Fruit Salad	Sweetcorn and Roasted Tomatoes Fruit Yoghurt Fresh Fruit Platter	Fresh Mixed Seasonal Vegetables Apple Flapjack Yoghurt Fresh Fruit Salad	Broccoli and Cauliflower Peach Upside Down Cake Yoghurt Fresh Fruit Platter	Garden Peas Baked Beans Vanilla Shortbread Yoghurt Fresh Fruit Salad



Freshly cooked jacket potatoes with a choice of fillings (where advertised)  
Bread freshly baked on site daily  
Daily salad selection  
Fresh fruit and yoghurt  
Available Daily