

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Silver Menu Autumn 2019

caterlink
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 2 nd Sept 23 rd Sept 14 th Oct 11 th Nov 2 nd Dec	Main	Chicken Sausage in a Hot Dog Roll with Potato Wedges	Beef Meatballs in Tomato Sauce with Rice	Roast Chicken and Stuffing with Roast Potatoes and Gravy	Chicken Arrabiata Pasta	Fishfingers with Chips
	Vegetarian	Quorn Sausage in a Hot Dog Roll with Potato Wedges	Macaroni Cheese	Mixed Vegetable Loaf with Roast Potatoes and Gravy	Vegetarian Shepherds Pie with Gravy	Cheese and Onion Quiche with Chips
		Sweetcorn Coleslaw	Green Beans Carrots	Cauliflower Broccoli	Roasted Mixed Vegetables	Baked Beans Peas
	Dessert	Orange Drizzle Cake	Carrot and Courgette Cake with Custard	Oaty Cookie	Apple Crumble with Custard	Fruit and Yoghurt Station
Week 2 9 th Sept 30 th Sept 21 st Oct 18 th Nov 9 th Dec	Main	Chicken Tagine with Rice	Cottage Pie with Gravy	Roast Chicken with Roasted New Potatoes and Gravy	Beef Tortilla Stack	Fishfingers with Chips
	Vegetarian	Cheese and Tomato Pizza with New Potatoes Peppers Green Beans	Vegetarian Spaghetti Bolognese Peas Cauliflower	Quorn Fillet with Roasted New Potatoes and Gravy Cabbage Carrots	Lentil and Sweet Potato Curry with Rice Sweetcorn Baked Tomatoes	Red Pepper and Cheese Frittata Baked Beans Peas
		Wholemeal Pear Crumble with Custard	Chocolate Shortbread	Apple Flapjack	Iced Sponge	Fruit and Yoghurt Station
	Dessert					
Week 3 16 th Sept 7 th Oct 4 th Nov 25 th Nov 16 th Dec	Main	Spaghetti Bolognese	Chicken, Lentil and Gravy Pie with Mashed Potato Topping	Roast Chicken with Roast Potatoes and Gravy	Beef Lasagne with Garlic Bread	Fishfingers with Chips
	Vegetarian	Quorn Burger with New Potatoes	Creamy Vegetable Pie with Mashed Potato and Gravy	Vegetarian Wellington with Roast Potatoes and Gravy	Roasted Cauliflower Curry with Rice	Vegetable Wholemeal Pasta Bake
		Peas Carrots	Sweetcorn Broccoli	Fresh Mixed Seasonal Vegetables	Tomato and Onion Salad Green Beans	Baked Beans Peas
	Dessert	Banana Loaf with Custard	Rice Pudding with Mixed Berries	Apple, Cheese and Biscuits	Chocolate and Mandarin Sponge with Chocolate Sauce	Fruit and Yoghurt Station



Available Daily
 Freshly cooked jacket potatoes with a choice of fillings (where advertised)
 Bread freshly baked on site daily
 Daily salad selection