

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Summer Silver Menu 2019

caterlink
feeding the imagination

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1					
22nd Apr	Main (Red) Spaghetti Bolognaise	Chicken Sausages with Baked Potato Wedges and Gravy	Roast Chicken with Roast New Potatoes & Gravy	Chicken and Bean Fajitas with Rice	Fish Fingers, Chips and Tomato Sauce
13th May	Vegetarian (Green) Wholemeal Pasta Neapolitan with Spinach	Quorn Sausages with Baked Potato Wedges and Gravy	Creamy Vegetable Pie with Roast Potatoes & Gravy	Mixed Bean Cassoulet with Rice	Cheese and Pepper Whirl with Chips
10th Jun	Vegetarian (Green)				
1st Jul	Vegetables Carrots Garden Peas	Sweetcorn Green Beans	Fresh Mixed Seasonal Vegetables	Grated Carrot Salad Cauliflower	Baked Beans Garden Peas
22nd Jul	Dessert Sticky Toffee Apple Crumble with Custard Yoghurt Fresh Fruit Platter	Chocolate Brownie Yoghurt Fresh Fruit Salad	Chocolate Cocoa Cookie Yoghurt Fresh Fruit Platter	Iced Sponge Yoghurt Fresh Fruit Salad	Fruit and Yoghurt Station
Week 2					
29th Apr	Main (Red) Beef Burger in a Bun with Baked Jacket Wedges	BBQ Chicken with Rice	Roast Chicken with Roast Potatoes & Gravy	Beef Lasagne with Garlic Bread	Fish Fingers, Chips, Tomato Sauce
20th May	Vegetarian (Green) Quorn Burger in a Bun with Baked Jacket Wedges	Maccaroni Cheese	Lentil and Basil Puff Pastry Turnover with Roast Potatoes	Vegetarian Fajitas with Rice	Vegetable Pasty with Chips
17th Jun	Vegetables Crunchy Carrot Sticks Peas	Green Beans Coleslaw	Fresh Mixed Seasonal Vegetables	Broccoli Sweet corn	Baked Beans Garden Peas
8th Jul	Dessert Chocolate and Banana Square Yoghurt Fresh Fruit Salad	Lemon Drizzle Yoghurt Fresh Fruit Platter	Apple Flapjack Yoghurt Fresh Fruit Salad	Peach Upside Down Cake with Custard Yoghurt Fresh Fruit Platter	Fruit and Yoghurt Station
Week 3					
6th May	Main (Red) Wholemeal Beef and Red Pepper Pizza with New Potatoes	Beef Meatballs with Mashed Potatoes and Gravy	Roast Chicken & Stuffing with Roast Potatoes & Gravy	Mild Chicken Tikka Masala with Rice & Curry Bread	Fish Fingers, Chips, Tomato Sauce
3rd Jun	Vegetarian (Green) Wholemeal Cheese and Tomato Pizza with New Potatoes	Chickpea Aloo Chat with Rice	Vegetable Wellington with Roast Potatoes & Gravy	Spaghetti with Cheese and Tomato Sauce	Red Pepper and Cheese Frittata with Chips
24th Jun	Vegetables Sliced Carrots & Green Beans	Sweetcorn Tomato Salad	Broccoli and Cauliflower	Tomato & Onion Salad Diced Cucumber	Garden Peas Baked Beans
15th Jul	Dessert Mixed Fruit Crumble with Custard Yoghurt Fresh Fruit Salad	Vanilla Shortbread Yoghurt Fresh Fruit Platter	Sliced Cheese, Apple and Biscuits Yoghurt Fresh Fruit Salad	Apple Pie with Custard Yoghurt Fresh Fruit Platter	Fruit and Yoghurt Station