



# Asking for Forgiveness

To explore and discuss what Jews believe about forgiveness.



Choose the correct words to fill the gaps.

Mount Sinai	God	return
Torah	confess	other human beings
Ten Commandments	Moses	apologise

Jews believe that to sin is to break rules given by God. Jews believe the most important rules given by God are called the \_\_\_\_\_ and these rules were received by \_\_\_\_\_ on \_\_\_\_\_.

There are many other rules for Jews to keep that are mentioned in the Jewish holy book which is called the \_\_\_\_\_.

In Judaism, there are two main types of sin: sins against \_\_\_\_\_ and sins against \_\_\_\_\_.

Teshuvah is used to talk about repentance in Judaism but the best translation from Hebrew is that teshuvah means \_\_\_\_\_.

To do teshuvah, a Jew should first \_\_\_\_\_ the sin they have committed. Next, they should \_\_\_\_\_ to any other human beings affected by their sin. They should promise never to repeat the sin. They should be charitable and try to make up for their bad behaviour by leading a better life.

Can you write about a time in your life when you asked for forgiveness?

---

---

---

---

---

Can you think of any similarities between what you did to ask for forgiveness and what a Jew might do if doing teshuvah?

---

---

---

---



# Asking for Forgiveness **Answers**

To explore and discuss what Jews believe about forgiveness.



Choose the correct words to fill the gaps.

Mount Sinai	God	return
Torah	confess	other human beings
Ten Commandments	Moses	apologise

Jews believe that to sin is to break rules given by God. Jews believe the most important rules given by God are called the Ten Commandments and these rules were received by Moses on Mount Sinai.

There are many other rules for Jews to keep that are mentioned in the Jewish holy book which is called the Torah.

In Judaism, there are two main types of sin: sins against God and sins against other human beings.

Teshuvah is used to talk about repentance in Judaism but the best translation from Hebrew is that teshuvah means return.

To do teshuvah, a Jew should first confess the sin they have committed. Next, they should apologise to any other human beings affected by their sin. They should promise never to repeat the sin. They should be charitable and try to make up for their bad behaviour by leading a better life.

Can you write about a time in your life when you asked for forgiveness?

Answers will vary.

---

---

---

---

Can you think of any similarities between what you did to ask for forgiveness and what a Jew might do if doing teshuvah?

Answers will vary.

---

---

---

---



# Asking for Forgiveness

To explore and discuss what Jews believe about forgiveness.



Choose suitable words to fill the gaps so that the following text makes sense:

Jews believe that to sin is to break rules given by God. Jews believe the most important rules given by God are called the \_\_\_\_\_ and these rules were received by \_\_\_\_\_ on \_\_\_\_\_.

There are many other rules for Jews to keep that are mentioned in the Jewish holy book which is called the \_\_\_\_\_.

In Judaism, there are two main types of sin: sins against \_\_\_\_\_ and sins against \_\_\_\_\_.

Teshuvah is used to talk about repentance in Judaism but the best translation from Hebrew is that teshuvah means \_\_\_\_\_.

To do teshuvah, a Jew should first \_\_\_\_\_ the sin they have committed.

Next, they should \_\_\_\_\_ to any other human beings affected by their sin. They should promise never to repeat the sin. They should be charitable and try to make up for their bad behaviour by leading a better life.

Can you write about a time in your life when you asked for forgiveness?

---

---

---

---

---

Can you think of any similarities between what you did to ask for forgiveness and what a Jew might do if doing teshuvah?

---

---

---

---



# Asking for Forgiveness **Answers**

To explore and discuss what Jews believe about forgiveness.



Choose suitable words to fill the gaps so that the following text makes sense:

Jews believe that to sin is to break rules given by God. Jews believe the most important rules given by God are called the Ten Commandments and these rules were received by Moses on Mount Sinai.

There are many other rules for Jews to keep that are mentioned in the Jewish holy book which is called the Torah.

In Judaism, there are two main types of sin: sins against God and sins against other human beings.

Teshuvah is used to talk about repentance in Judaism but the best translation from Hebrew is that teshuvah means return.

To do teshuvah, a Jew should first confess the sin they have committed. Next, they should apologise to any other human beings affected by their sin. They should promise never to repeat the sin. They should be charitable and try to make up for their bad behaviour by leading a better life.

Can you write about a time in your life when you asked for forgiveness?

Answers will vary.

---

---

---

---

Can you think of any similarities between what you did to ask for forgiveness and what a Jew might do if doing teshuvah?

Answers will vary.

---

---

---



# Asking for Forgiveness

To explore and discuss what Jews believe about forgiveness.



1. What rules do Jews believe are given by God which they aim to follow in their lives?

---

---

2. 'Jews believe that God has a covenant relationship with the Jewish people.' What does this statement mean? How is this idea linked to how Jews understand forgiveness?

---

---

---

3. What is meant by the word 'teshuvah'?

---

---

4. What are the steps a Jew would go through when doing teshuvah?

---

---

---

5. Can you write about a time in your life when you asked for forgiveness?

---

---

---

---

6. Can you think of any similarities and differences between what you did to ask for forgiveness and what a Jew might do if doing teshuvah?

---

---

---

---



# Asking for Forgiveness Answers

To explore and discuss what Jews believe about forgiveness.



1. What rules do Jews believe are given by God which they aim to follow in their lives?  
Jews believe the Ten Commandments are the most important rules given by God but there are many other commandments included within the Torah.
2. 'Jews believe that God has a covenant relationship with the Jewish people.' What does this statement mean? How is this idea linked to how Jews understand forgiveness?  
Jews believe that God has made an agreement with the Jewish people. At the time that Moses shared the Ten Commandments with the people gathered at the bottom of Mount Sinai, the Hebrews there (and, as a result of this, all Jews from that day onwards) agreed to follow those rules and to try to make the world a better place by doing good deeds. Jews, therefore, believe that when they break a God-given rule they are breaking their agreement with God and want to repair this.
3. What is meant by the word 'teshuvah'?  
Teshuvah is concerned with repentance in the Jewish faith. It translates as meaning 'return' because to go through teshuvah is to take steps to return to God's path.
4. What are the steps a Jew would go through when doing teshuvah?  
Jews will confess the sin committed.  
They will apologise to, and ask for forgiveness from, another human being if anyone has been affected by the sin.  
They will vow never to repeat the sin.  
They will be charitable, either by giving money to charity or by helping others.  
They will try to make up for the sin by living a better life and doing good deeds.
5. Can you write about a time in your life when you asked for forgiveness?  
Answers will vary.
6. Can you think of any similarities and differences between what you did to ask for forgiveness and what a Jew might do if doing teshuvah?  
Answers will vary.