

Home learning timetable suggestion

9 to 9.30 Exercise

This is an excellent opportunity to kick start the day and boost your mood.

9.30 to 10.00 Quiet reading

This is an excellent opportunity to calm down and relax with a bit of quiet reading to improve your reading skills.

10.00 to 10.30 Break

Take a break and do something you love. It is important to have time to yourself doing things you love but remember to take in consideration the length of your chosen activity as you don't want to get started on something that takes hours just yet. You can also just talk and have a snack 😊

10.30 to 11.15 English

Get ready to tackle your first 'big task' of the day. Give it your best and enjoy it too.

11.15 to 11.45 Break

Take a break and do something you love. It is important to have time to yourself doing things you love but remember to take in consideration the length of your chosen activity as you don't want to get started on something that takes hours just yet.

1.00 to 1.45 Maths

Get ready to tackle your second 'big task' of the day. Give it your best and enjoy it too.

1.45 to 2.15 Break

Take a break and do something you love. It is important to have time to yourself doing things you love but remember to take in consideration the length of your chosen activity as you don't want to get started on something that takes hours just yet. You can also just talk and have a snack 😊

2.15 to 3.00 Other subjects

Choose a task from the 5 weekly tasks provided and get going. Give it your best and enjoy it too. Remember you have to complete them all so it might be a good idea to start with those you find less appealing ... 😊