

Hartsbourne Summer Menu 2022

	Monday	Tuesday	Wednesday	Thursday	Friday	
Week One 20th April 9th May 7th June 27th June 18th July	Option 1	Tomato & Vegetable Pasta 	Spaghetti Bolognese with Garlic Bread	Roast Beef, Roast Potatoes & Gravy	Chinese Chicken Curry with Rice   	Breaded Fish with Chips & Tomato Sauce
	Option 2	BBQ Beans Nachos	BBQ Quorn Fillet with Rice  	Vegetable Wellington with Roast Potatoes & Gravy 	Quorn Sausage Pasta Bake	Vegan Mexican Roll with Chips & Tomato Sauce 
	Vegetables	Cucumber Rainbow Slaw	Sweetcorn Mixed Peppers	Cabbage Broccoli	Green Beans Carrots	Peas Baked Beans
	Dessert	Carrot & Courgette Cake with Custard	Apple & Raisin Flapjack  	Fresh Fruit & Yoghurt Station	Orange & Cinnamon Cookie 	Peaches & Ice Cream
Or a choice of Yoghurt & Fresh Fruit available daily						
Week Two 25th April 16th May 13th June 4th July	Option 1	Macaroni Cheese	Chicken Paella 	Roast Chicken, Roast Potatoes, Stuffing &	Turkey Burger in A bun with Wedges	Fishfingers with Chips & Tomato Sauce
	Option 2	Vegetable Curry with Rice	Vegan Spaghet Bolognese 	Roast Quorn, Roast Potatoes, Stuffing, & Gravy	Quorn Burger in a Bun with Wedges & Tomato Sauce	Cheese & Bean Pasty with Chips
	Vegetables	Sweetcorn Cauliflower  	Mixed Peppers Green Beans 	Carrots Peas 	Broccoli Sweetcorn 	Peas Baked Beans
	Dessert	Apple Crumble with Ice Cream 	Lemon Drizzle Cake	Fresh Fruit & Yoghurt Station	Chocolate & Beetroot Brownie with Chocolate Sauce	Apple, Cheese & Crackers
Or a choice of Yoghurt & Fresh Fruit available daily						
Week Three 2nd May 23rd May 20th June 11th July	Option 1	Falafel with Lemon & Herb Couscous 	Beef Lasagne with Garlic Bread	Roast Turkey, Roast Potatoes & Gravy	Chicken Sausage Hot Dog with Wedges	Fish in Batter with Chips & Tomato Sauce
	Option 2	Cheese & Tomato Pizza 	Vegetable Enchiladas with Rice 	Lentil & Basil Puff Pastry, Roast Potatoes & Gravy 	Vegan Sausage Hot Dog with Potato Wedge 	Cheese & Red Pepper Frittata with Chips & Tomato Sauce
	Vegetables	Green Beans Carrot & Beetroot Slaw	Coleslaw Sweetcorn 	Carrot Broccoli 	Sweetcorn Tomato Salsa 	Peas Baked Beans
	Dessert	Lemon & Mixed Berry Cake	Raspberry Jelly & Mandarins 	Fresh Fruit & Yoghurt Station	Pineapple Loaf with Custard	Chocolate Shortbread 
Or a choice of Yoghurt & Fresh Fruit available daily						

-  Added Plant Power
-  Vegan
-  Wholemeal
-  Chef's Special

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

ALLERGY INFORMATION:
If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.